

Information supplied to ACT Land Development Agency by Mandir Ashram P/L

Mandir Ashram Enjoy Your Retirement Actively

Aims & Objectives

An overriding commitment of Mandir Ashram is 'being for others', dedication to achieving excellence in care and creating a rich spiritual community that celebrates diversity, values, personal worth and human dignity. Residents, carers, families and significant friends are offered support from our Team on a personal, emotional, practical and spiritual level.

We promote an approach that values the whole person – body, mind and spirit.

Pastoral Care services are an important aspect of life in our community and cater for all people, regardless of their faith or background.

Background

The Mandir Society of Australia Inc., the parent body of the Mandir Ashram Pty Ltd, has been operating as a 'not for profit' community organisation in Canberra since 1979. It's centre at Mawson has been providing facilities open to the entire community, for a public library, Yoga, meditation, music, a senior citizens centre and other community activities, since 1994.

Encouraged by our associates in Adelaide and London, who have been owning and operating aged care facilities there for over 15 years, our subsidiary Mandir Ashram (meaning God's blissful refuge) has embarked on building and operating an aged care facility as a community facility – 'of the people, for the people and by the people'. Our facility will also enable residents to 'age-in place'.

Mandir Ashram residential aged care proposal

The Mandir Ashram residential aged care facility proposed for Farrer will be for the entire community, but catering for specific needs of culturally and diverse communities, especially to meet their dietary and language specific needs. We have already secured support of 12 local community organisations, including Chinese, Indians, Sri Lankans, Tamils, Buddhists and Kurds. The residents of other ethnic backgrounds in current facilities sometimes feel isolated (due to the language barrier) and can face difficulties obtaining their ethnic food or experiencing the cross cultural environment they enjoy.

The innovative modular design of the proposed facility will ensure cluster arrangements that allow for flexibility in catering and varying levels of care, including, high care, low care and dementia specific. Our modern facility design will be such that the residents of one ethnic background can choose to live together while at the same time mix with all other residents.

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Innovation and 'state of the art' facilities are the two operative words describing Mandir Ashram. In retirement, living 'Third Age' actively is vital, compared to 'waiting to die' attitude. Thus residents will be encouraged to be volunteers at functions of their choice. We will provide transport and other facilities for this purpose. The local community and residents, will be able to get together at the Senior Citizens centre for games and other activities

Our Community Centre will be available to locals, thus giving them opportunities to mix with our residents. We will encourage local community organisations to hold their annual days etc in our facilities.

This project will contribute to the Government's policy of "Building for our Ageing Community", which aims to provide a long-term strategic approach to meeting the accommodation needs of the ageing community. The ACT Government recognises that some older members of our community can face difficulties in securing suitable accommodation to meet their future needs, whether in high or low care accommodation or independent living units.